

School Health and Wellness Advisory Committee Virtual meeting

November 27, 2023

- 1. Meeting called to order at 1:30p.m. (Kerri Sneddon, Joplin Schools Nurse Coordinator, presenting)**
- 2. Welcome and Introductions: First I want to thank everyone for your time and being here today!**
 - **New nurse hires since last Spring:**
 - **Irving:** Kaley Gunnett
 - **Royal Height:** Melanie Johnson leaving soon: Excited to announce Cindy Burnham will replace her.
 - **East Middle School:** Kayla Ledford
 - **New subs:**
 - Amy Dahle-Melsaether
 - Jana Kidd
 - Sara Ludders
 - One more new sub starting this week: Megan Blair
 - **Highschool Student committee members for 2023-24**
 - Alexandra Carson
 - Megan Meeker
- 3. HS vaccine clinic at Open House:** 53 received immunizations that evening and 11 more were scheduled to receive more on 08/24 (as the turn out was more that anticipated). Many thanks to Donna, Chey, Misty Hammer and the Health dept for all of their hard work to make this happen.
- 4. Score One updates:** (Emily Williams, Community Health Specialist, updated)
 - **Sept. 13th:** 5th graders from Irving/McKinley/Kelsey Norman held Score One on site at KCU : Hoping to rotate those schools sending 5th grade yearly
 - **Sept. 19th:** Irving, Kelsey Norman, Jefferson, McKinley : these schools all have results returned; working on the ones done later.
 - **Oct 24th:** Royal Heights, Soaring Heights, Stapleton
 - **Nov. 7th:** Cecil Floyd, Eastmorland, Dover Hill
 - **Anatomy Academy:**
 - Medical students (volunteer): Utilize a syllabus that has already been created but tailor it as needed
 - Full curriculum includes 7 sessions including different topics such as skeletal system, heart, lungs, senses, and oral cavity. Champs coordinator was also able to get organs for those (both for observing and sometimes for the medical students to dissect to show anatomy

- Just finished at Royal Heights and McKinley
- Open position (see below in Champs section): Brooke from KC will help coordinate Anatomy Academy sessions for the Spring due to the current Champs coordinator opening.
- Stapleton Nurse Cassandra Mueller stated at their school they had first graders put bones where they thought it went so it was fun to see what their completed skeletons looked like.
- **Champs**
 - Medical students volunteer: pre-training with Dr. Newman and nutritionist: hold mock sessions
 - Match families with preferences (whether languages, gender, etc); Typically two med students per child/family.
 - Referrals come from teachers/staff/nurses or through Score One program (information about Champs is sent with Score One results as well)
 - Consist of 6-8 (One hour long) visits with the student/family outside of school hours
 - Meet at a public area (nearby park, library, KCU facility, etc)
 - Survey/questionnaire families asking about meals, activity levels, screen time etc and let the family formulate areas they want to focus on
 - Try to make sessions fun and educational, play games, etc.
 - Currently KCU has an opening for Champs Coordinator (also runs Anatomy Academy). Send any interested to KCU website:
 - https://kansascity.wd1.myworkdayjobs.com/en-US/Jobs/details/Program-Coordinator-for-CHAMPS--Coaching-Healthy-Eating-and-Movement-Program-_R-0002167

5. Acquired two new Plus Optix machines from the Lemon grant last year

- Plus Optix machines are devices we use to help with our vision screenings and give a pass/refer result. “Refer” results can be printed off and sent home. Currently have three working machines that we rotate through the district

6. Dental Clinic updates: Jennifer Walkinshaw provided results prior to meeting

- **Kelsey Norman (Aug 28- Sept 1, and Sept. 5)**
 - 47 total students seen for Xrays, exams, cleanings, and fluoride treatments
 - 35 Sealants placed
 - 1 Extraction
 - 29- referred/needing dental treatment
- **South Middle (Sept 19 and 20)**
 - 18 total students seen for Xrays, exam, cleanings, and fluoride treatments
 - 27 Sealants placed
 - 12- referred/needing dental treatment

- **Soaring Heights (Sept. 21, 22, 25-29)**
 - 53 total students seen for Xrays, exams, cleanings, and fluoride treatments
 - 50 sealants placed
 - 2 Extractions completed
 - 41 referred/needing dental treatment

- **Eastmorland (Oct. 2-6, 16 and 17)**
 - 52 total students seen for Xrays, exams, cleanings, and fluoride treatments
 - 32 sealants placed
 - 1 Extraction completed
 - 27 referred/needing dental treatment

- **Jefferson (Nov. 13 and 14)**
 - 21 total students seen for Xrays, exams, cleanings, and 20 fluoride treatments
 - 6 sealants placed
 - 12 referred/ needing dental treatment

- **Grand total (from just five schools!):** 191 students receiving cleanings, exams, and fluoride treatments, 150 having sealants placed, 10 extractions, and 121 referrals for dental treatment.

- The next Joplin school will be **North Middle the week of December 11th**.

- 7. Telemedicine updates:** (Rhonda Warren, School Health Coordinator, provided data)
- Rhonda Warren asked if nurses have found the video demonstrating staff using the machine themselves to be helpful. Deonna Newton (North Middle School nurse) said she sent the video out to all staff but hasn't had staff utilize it lately.
 - Donna Price (Joplin High School nurse) stated they still assisted with staff appointments.
 - Rhonda mentioned staff telemed use overall has increased.
 - Katie Bozarth (FTC Practical Nursing Coordinator) stated it has been a great resource as a parent. Stated for her son they were able to have lab work ordered but then student could stay at school

Location	Aug 2022	Aug 2023	Sept 2022	Sept 2023	Oct 2022	Oct 2023
Joplin Early Childhood	0	1	0	0	0	0

Cecil Floyd	0	0	0	0	0	1
Dover Hill	0	3	0	4	0	9
Eastmorland	0	2	2	0	0	0
Irving	0	0	0	1	1	0
Jefferson	0	0	0	1	0	0
Kelsey Norman	1	2	1	1	1	0
McKinley	0	0	0	1	1	3
Royal Heights	0	0	0	0	0	0
Soaring Heights	4	1	4	1	3	6
Stapleton	0	0	0	0	2	1
East Middle School	0	0	0	1	2	5
North Middle School	0	0	0	7	0	0
South Middle School	0	0	0	1	0	2
Joplin High School	2	2	2	3	4	5
Memorial	0	1	0	0	2	1
Roi S. Woods	0	NA	0	NA	0	NA
% Stay in School		90%		66.7%		62.2%

8. State reports turned in during October 2023

- Immunization report
- **Special Health Care needs report:** Discussed how we get numbers for the report (both online or paper health inventories received at the beginning of the year: data reported to school is entered into health concerns in PowerSchool). If health concerns are not reported to the school, it will not be included in our data if we don't know about it. (This was noted by our high school students last year as they noticed mental health and eating disorder numbers seemed very low).
 - **Discussed numbers on several categories:**
 - **Allergies (life threatening)**
 - Food: 90
 - Insects: 16
 - Latex: 3
 - **Asthma (on medication at home or school): 432**
 - **ADD/ADHD: 765**

- **Anxiety: 421**

9. High School Mental Health week update (Presented by high school students: Alexandra Carson and Megan Meeker)

- This was initiated last year following a Health and Wellness Advisory meeting when high school participants (Elizabeth Benfield, Elijah Neville, and Jenson Vowels) noted low reporting on mental health data on the Special Health Care needs report.
- Stated last year (being the first year) they initially anticipated around 200-300 participants, but ended up having 500-700 participants; Stated feedback was that it was really helpful, especially during stressful finals times. Many reported back that they needed it.
- This year, want to make it bigger and accommodate all high school students.
- Stated they are preparing for bigger numbers; keeping vendors from last year and bringing in new ones.
- Planning on early May for the event
- Asked if there were additional Health and Wellness items at the High School level they would like to discuss:
 - Key Club: looking into starting the Bandana Project: Suicide Prevention Project: Those trained to assist would attach a bandana to their backpack, as a symbol to those who were struggling and needing help. Those needing help could see the bandana and know that is a person able to help them. There would need to be fundraising and training so it can be impactful and useful. They don't want to just be someone who is supportive and caring but someone who has also been trained to help in those circumstances.

10. Asthma Resources: As noted on our Special Health Care need report: we have 432 students reported as having asthma and are currently on medication at home and/or school for it.

- Dr. Godfrey (Joplin Schools Medical Director: a great resource and also helps with our prescriptions for emergency meds)
- Asthma Ready Community (nurses were trained on this at beginning of year by Rebecca Brown, Community Asthma Coordinator through)
 - Asthma Protocol in place
 - Promotes asthma education for all
 - Can help to supply chambers for students who need further education with technique: the nurse can properly educate, students receive chamber/spacer, and then fill out a survey following and they will replace the spacer (*Nurse info: QR code and link to survey on slide 36 of slideshow received at the start of the year*). Education and coaching guidelines are given for the nurses to teach from. (*Nurse info: Teaching video on slide 39*)
 - Rescue Missouri Schools

- Asthma intervention program for schools that helps keep children with asthma in school and out of ER's
- Thanks to a grant through Missouri Dept of Elementary and Secondary Education, the Asthma and Allergy Foundation of America chapter in Missouri will be able to give asthma equipment to all public schools in Missouri. They have been operating the RESCUE program in St. Louis metro area for 12 years and have proven experience working with providers, pharmacists, and school districts to keep kids safe.
- Providing schools with some supplies for emergency use

11. Meal modifications: how many per district: Tina Sjolund, Joplin Schools dietician *(Manages all the meal modifications, also sends nurses monthly, up to date, carb count menus and is a wealth of knowledge to help our nurses, teachers and cafeteria staff manage our students with food allergies)*

- Have 350 students with current meal mods. Reminder that the number of meal modifications will typically be lower than the number of allergies as parents have the right to decline to have one filled out. With older students parents sometimes choose to let students avoid food items on ones that are easier to do so.
- Process: nurse or teacher finds out about food allergies>contact Tina and their cafeteria manager first! (Tina should be first contact, even if cc'd in email with the cafeteria manager). Nurse can contact the family to get more information and send meal modification home, just let Tina know if so. A temporary allergy will be added for cafeteria staff until meal modification is completed. If a student has an epi-pen for allergies, let Tina know ASAP and allergen will be added to account.
- Meal modifications must have a doctor signature unless it is milk replacement only (full dairy allergy must have dr. signature) or if food needs to be avoided due to religious reasons.

12. Lead testing/ Improving ventilation updates: Dave Pettit (Joplin Schools Facilities Director)

- **Lead testing in water:**
 - Update that there are new testing requirements for Schools:
 - EPA requires less than 15 parts/billion
 - Schools now held to less than 5 parts/billion (same requirement as bottled water).
 - Did preliminary testing to get a baseline
 - Worked with plumbers to eliminate potential issues (fittings, aerators, etc)
 - Mandated to be compliant by the start of the 24-25 school year.
- **Ventilation:**
 - Continued filtration means/methods
 - Allowing outside air into spaces (may feel like AC is on at times when weather is cooler but it is really outside air coming in to help lower CO2 emissions)

13. One Joplin Healthy Kids: Dan Stanley (Andrea Cullers presenting: Chair of Healthy Steering committee)

- Healthier snacks in concession stands now offered: has been going well and have received good feedback. These options will be extended during basketball and soccer seasons as well.
- Healthier options for lunch in the cafeteria:
 - Andrea Cullens, Dan Stanley, and Peggy Fuller visited onsite: found that they need more targeted conversations. Looking into meeting with the Student Council President or others also interested in this initiative.
- Review of the next soda machine contract to potentially include healthier options

14. School and Staff wellness programs:

- Kelsey Norman: garden
- Irving: Motivation Mondays: motivational email sent out
- EMS: running club (Mon-Thurs Nov. 6-Dec 19 from 4-5 pm) Josh Doak-sponsor
- Soaring Heights: community garden; running club

15. Staff flu vaccines data (*from Community Clinic*) 274 staff received vaccines

16. Staff, spouse, retirees: free hearing screenings: November 1st-January 5th through Southwestern Hearing Centers

- Deonna Newton asked if we needed to call or how to set up these appointments. Discussed previous email that had a link to sign up online (also HR Eagle Express Newsletter had a link for it).

17. Open to public comments/questions: no additional comments or questions

18. Will hold next meeting around April

19. Motion to adjourn meeting: Deonna Newton

- **Second:** Dave Pettit

20. Meeting Adjourned at 2:12 p.m.